

Center for Aphasia



and Related Disorders

Aphasia News

Summer 2011 Volume 11, Issue 1
<http://www.ebire.org/aphasia>

Inside this issue...

2
3
4
5
6
7

EDITOR'S NOTE

Dear Friends,

That's the kind of memory that kicks in when someone tells you



Mark your calendar!

The annual Summer Picnic will be on July 6th. See page 6 for details.

Nina Dronkers, Ph.D.

*Director
Center for Aphasia & Related Disorders*

Therapeutic Effects of Reading Out Loud

by Carl A. Ludy

ing. When we read aloud, the ‘intonation pattern’ or sentence rhythm emerges. Reading out

*“Modern reading,
which is silent
and rapid,
emerged in the
early middle ages”*

crease in what is called ‘metacognition’, or

the emergence of “a new dimension of privacy”, see Paul Saenger’s book, *Space Between Words: The Origins of Silent Reading*

ple, “Speculation about the Nature and Development of Metacognition” in F. E. Weinert and *Metacognition, Motivation, and Understanding*

by Ana Soper, Ph.D.

what I want to be focusing my attention on.”

—

completely different topic?”

“What was

What do I need to be talking about?”

—

Say, “There are 3
points I would like to make” before just

—

the “3” as a visual reminder.

Remind yourself “I have not fallen off
the wagon...
!”

Stroke Recovery Resources in the Bay Area

Project Recovery

This is an adaptive physical exercise program for those with physical disabilities including moderately self-ambulatory, ortho-multi-handicapped, and other health impairments. The program will increase fitness, balance, strength, and range of motion.

Mon/Wed: 1:30-2:30pm or 2:30-3:30pm
Tue/Thur: 2:00-3:00pm or 3:00-4:00pm.

Location:

Family YMCA, Mt. Diablo Region YMCA
Office
395 Civic Drive
Suite G
Pleasant Hill, CA 94523

Contact:

Libby Luxemberg
(925) 687-8900.

Stroke Communication Classes

No-fee, non-credit stroke-communication classes offered to the San Francisco Bay Area for over 25 years.

Location:

City College of San Francisco
1250 Waller St.
San Francisco, CA 94117

Contact:

Joyce Freeman, M.S., CCC-SLP,
(415) 561-1005
jforeman@ccsf.edu

Stroke Support Group of Contra Costa County

Location:

Mt. Diablo Medical Center
Concord, CA 94520
or
John Muir Medical Center
601 Ygnacio Valley Rd.
Walnut Creek, CA 94596

Mailing Address:

Ann Dzuna
1174 Alta Mesa Dr.
Moraga, CA 94556-2042

Contact:

Ann Dzuna, B.S., MBA
(925) 376-6218
adzuna@comcast.net

Cal State University East Bay Aphasia Group

Location:

California University - East Bay
Speech, Language & Hearing Clinic
MB# 1097A
Communicative Sciences and Disorders
Hayward, CA 94542

Mailing Address:

Shelley Simrin, M.A., CCC-SLP
California State University - East Bay
Dept. of Communicative Sciences & Disorders
MB# 1097A
25800 Carlos Bee Blvd.
Hayward, CA 94542-3065

Contact:

Shelley Simrin, M.A., CCC-SLP, Clinic Director
(510) 885-4762 or (510) 885-3233
ssimrin@csuhayward.edu

Aphasia Center of California

Location:

200 Grand Ave.
Oakland, CA 94610

Mailing Address:

Roberta Elman, Ph.D., CCC-SLP, BC-NCD
Aphasia Center of California
3996 Lyman Rd.
Oakland, CA 94602

Contact: Roberta Elman, Ph.D., CCC-SLP,
BC-NCD
(510) 336-0112
rjelman@aol.com

Website: <http://www.aphasiacenter.org>

Stroke Club San Francisco

Location:

Stonestown Family YMCA
Senior Annex
3150 20th Ave.
San Francisco, CA 94132

Contact:

Kathy Orsi
(415) 242-7117

Do you know the warning signs of a stroke?

Be sure to call 9-1-1 if you or someone you know has **ANY** of these symptoms with no known cause:

- ◆ A sudden, severe headache
- ◆ Sudden blurred vision
- ◆ Sudden dizziness
- ◆ Sudden difficulty moving one or both sides of the body
- ◆ Sudden difficulty with balance and/or walking
- ◆ Sudden difficulty speaking or understanding what is being said

For more information, visit
www.strokeassociation.org

Stroke Support Group

Annual Summer Picnic!



When

Where



Directions to Nancy Boyd Park:

- ◆ From Highway 4, take the Alhambra Ave. exit
- ◆ Go South on Alhambra Ave. for 3/4 mile to Truitt Ave.
- ◆ Go left on Truitt Ave.
- ◆ Make first left on Valley Ave.
- ◆ You will see the park in front of you once you hit Church St.



What to bring

Questions? Call Juliana at (925) 372-4649

Aphasia News

Center for Aphasia and Related Disorders
150 Muir Road 126 (s)
Martinez, CA 94553

<http://www.ebire.org/aphasia>

Newsletter Information

If you would like to receive this newsletter or you have comments/suggestions, e-mail Juliana at juliana@ebire.org, call her at (925) 372-4649 or write to:

Center for Aphasia and Related Disorders
VA Northern Calif. Health Care System
150 Muir Road 126 (s)
Martinez, CA 94553

We welcome your comments and questions!

Center Members & Affiliates

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And Turken
Ana Soper
Cami Bebart
Maya Ravi

We would also like to thank the members of the Stroke Support Group and their families, the Speech Pathology staff, and the East Bay Institute for Research and Education.

The Center for Aphasia and Related Disorders is supported by the VA Northern California Health Care System, the VA Medical Research Program, the National Institutes of Health, and the University of California at Davis and San Diego, as well as through generous donations from private foundations and individuals. Please feel free to contact Dr. Dronkers at (925) 372-2925 if you would like more information.